

# HEIAN SANDAN



MUSUBI DACHI



KAMAE



UCHI UKE



UCHI UKE /  
GEDAN BARAI



UCHI UKE /  
GEDAN BARAI



UCHI UKE



UCHI UKE /  
GEDAN BARAI



UCHI UKE /  
GEDAN BARAI



MOROTE UCHE



NUKITE



ESQUIVE



TETTSUI



TSUKI



KAMAE



FUMIKOMI /  
EMPI UKE



TATE URAKEN



FUMIKOMI /  
EMPI UKE



TATE URAKEN



FUMIKOMI /  
EMPI UKE



TATE URAKEN



TATE SHUTO



TSUKI



KIBA DASHI



TSUKI AGE /  
UCHIRO EMPI



TSUKI AGE /  
UCHIRO EMPI



KAMAE



MUSUBI DACHI